

ILP Course Name	Suicide Prevention and Mental Health Awareness Training
CRN	CRN5701
Mode	Online Zoom
Date	24 Sept 2020 (Thur)
Time	15:00 - 16:00
Speaker/Organisation	Anna Chan, Training Consultant, Counselling Psychologist Centre for Suicide Research and Prevention, HKU
Language	English
Event Details	The training will first started off by providing students with an understanding of the epidemiology of suicide locally and worldwide. For the next 30 minutes, the trainer will go deeper into our daily encounter with friends, focusing on suicide risk assessment, identification of warning signs and protective factors, intervention skills and case study. As a final touch to the training, the importance of mental wellness will be introduced, interactive activities will be available and there is also a question and answer section where participants can freely raise questions.