

Course Title	:	Capstone Project - Internship
Recommended Study Year	:	Year 3 summer term
No. of Credits/Term	:	3
Mode of Tuition	:	Internship placement and workshop
Class Contact Hours	:	Minimum 200 hours from June to December
Category in Major Prog.	:	Foundation
Discipline	:	Sports
Prerequisite(s)	:	N/A
Co-requisite(s)	:	N/A
Exclusion(s)	:	N/A
Exemption Requirement(s)	:	N/A

Brief Course Description

This three-credit capstone project course enables students to integrate, articulate, advance, and present their learning in the programme. Students will take the course at Summer Term of Year 3 and the course will be completed at Year 4 Term 1. Students can choose to conduct an independent junior research project or an internship.

For students choose to conduct an internship, they will be encouraged to integrate the knowledge and skills they have been learnt from the programme in their internship work. This course involves students work at selected organizations in the area related to sports with minimum 200 hours. Students will attend workshops before assignment to specific internship posts. During the internship period, they will perform tasks required by the partner organization, and learn about specific skills through on-the-job training.

Aims

This course aims to:

- Provide students opportunity to critically reflect on the key issues in the area of sports event management or sports coaching
- Provide students a platform to apply fundamental theories, concepts, knowledge and skills in sports event management or sports coaching.
- Give students opportunity to sharpen their communication skills

Learning Outcomes (LOs)

On successful completion of this course, students will be able to:

1. apply the theories, concepts and knowledge in sports event management or sport coaching in a real working environment;
2. critically analyse their learning process, articulate their learning experience and findings, and suggest ways of self-development in the future; and
3. demonstrate mature work and professional attitude particular to the field of sports, including a sense of responsibility, teamwork practice, interpersonal communication;

Indicative Content

1. Briefing session and workshop. The arrangement and requirement of the internship will be introduced. Communication skills, interpersonal skills, working skills, working attitude and ethic, CV writing skills and interview skills will be included.
2. Each student work at selected organizations in the area related to sport event management or sport coaching

Teaching Methods

Pre-internship workshops will be arranged to students for internship preparation. Each student will be assigned a supervisor at the partner organization. Students should work at the partner organization with minimum 200 hours under supervision, they will apply all knowledge and skills in sports event management or sport coaching with mature working and professional attitude in a real working environment. Students will have 2 times 2 hours in-class meeting to the course instructor to discuss their experience and observation during internship, it can provide a chance to students to critically review their learning process. On-site visit by course instructor will be arranged.

Measurement of Learning Outcomes

Interns' performance appraisal by the partner organizations assess students' ability to mastery of skills and necessary professional and work attitude. The students will be assessed by the partner organizations as well as course instructors based on their mastery of the skills and overall performance.

Diary/Journal require students demonstrate continuous critical reflection and learning. they should critically review their learning process.

Written essay. At the end of the internship, students will be required to submit a written essay reporting their experience in the internship, it provides the opportunity for students to identify and analyze the sports event management /sport coaching issues and problem of partner organizations; apply the concepts learnt to the internship experience as well as issues and problems related to the organizations

Learning Outcome	Interns' performance appraisal	Diary/Journal	Written essay
1. Apply the theories, concepts and knowledge in sports event management or sports coaching in a real working environment.	✓	✓	✓
2. Critically analyse their learning process, articulate their learning experience and findings, and suggest		✓	✓

ways of self-development in the future			
3. Demonstrate mature work and professional attitude particular to the field of sports, including a sense of responsibility, teamwork practice, interpersonal communication.	✓	✓	✓

Assessment

Continuous Assessment

100%

1. 40% Interns' performance appraisal
2. 30% Diary/Journal
3. 30% Written essay

Required/Essential Readings

Baird, B. N., & Mollen, D. (2018). *Internship, Practicum, and Field Placement Handbook: A Guide for the Helping Professions* (7 ed.). Routledge.

Schön, D. A. (2016). *The Reflective Practitioner: How Professionals Think in Action*. Routledge.

Recommended/Supplementary Readings

Bloyce, D., & Smith, A. (2018). *Sport Policy and Development: An Introduction* (2 ed.). Routledge.

David A. Whetten, & Cameron, K. S. (2020). *Developing Management Skills* (10 ed.). Pearson Rental.

DK Publishing. (Ed.). (2020). *The Sports Book: The Sports, the Rules, the Tactics, the Techniques* (5 ed.). DK Publishing, Inc.

Gill, A. J. (Ed.). (2021). *Foundations of Sports Coaching: Applying Theory to Practice* (3 ed.). Routledge.

Greenwell, T. C., Danzey-Bussell, L. A., & Shonk, D. J. (2020). *Managing sport events* (2 ed.). Human Kinetics.

Masterman, G. (2021). *Strategic Sports Event Management*, Routledge: UK

Tapps, T. N., & Wells, M. S. (Eds.). (2019). *Introduction to recreation and leisure* (3 ed.). Human Kinetics.

Tiell, B., & Cebula, K. (Eds.). (2021). *Governance in Sport: Analysis and Application*. Human Kinetics.

Weinberg, R. S., & Gould, D. (2019). *Foundations of Sport and Exercise Psychology* (7 ed.). Human Kinetics.

**Additional readings may also be suggested on a topic by topic basis*

Important Notes:

1. Students are expected to spend a total of 3 hours per week to prepare their weekly Diary/Journal to achieve the course learning outcomes.
2. Students shall be aware of the University regulations about dishonest practice in coursework, tests and examinations, and the possible consequences as stipulated in the Regulations Governing University Examinations. In particular, plagiarism, being a kind of dishonest practice, is “the presentation of another person’s work without proper acknowledgement of the source, including exact phrases, or summarised ideas, or even footnotes/citations, whether protected by copyright or not, as the student’s own work”. Students are required to strictly follow university regulations governing academic integrity and honesty.
3. Students are required to submit writing assignment(s) using Turnitin.
4. To enhance students’ understanding of plagiarism, a mini-course “Online Tutorial on Plagiarism Awareness” is available on <https://pla.ln.edu.hk/>.

Rubrics

Interns’ performance appraisal (40%)

Excellent 80-100	Good 65-79	Fair 50-64	Pass 40-49	Fail 0-39
Shows good mastery of job-related skills; Shows outstanding professional ethos /attitude.	Shows satisfactory mastery of job-related skills; Able to demonstrate satisfactory professional ethos /attitude.	Can handle the job-related skills in general but not consistent; shows reasonable professional attitude.	Poorly handle the job-related skills; shows unsatisfactory professional attitude.	Not handling the tasks at all; makes unnecessary and serious blunders; not respecting the workplace and the colleagues.

Diary/Journal (30%)

Excellent 80-100	Good 65-79	Fair 50-64	Pass 40-49	Fail 0-39
Shows continuous critical analysis on learning process and strong articulation with self-development.	Continuous description and some analysis of their learning process and self-development.	Continuous description and occasional analysis of their learning process and findings; not very organized ideas about self-development.	Continuous description but lack of analysis of the learn process	No continuous description and analysis of the learning process.

Written essay (30%)

Excellent 80-100	Good 65-79	Fair 50-64	Pass 40-49	Fail 0-39
Shows critical and in-depth reflection, and good application of knowledge learnt from the programme in the reflection; demonstrates sound knowledge of the sport event management /sport coaching. Identifies the nature and problem of partner organization.	Shows some reflection and application of knowledge learnt from the programme, organized presentation of ideas. Identifies some problems of partner organization.	Superficial reflection with little or no application of knowledge learnt from the programme; not very organized presentation of ideas.	Description of internship work in detail but no reflection of the learning process; presentation is unorganized.	Brief description of internship work; writing looks last minute and not thought out.